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## RUTHERFORD COUNTY EXTENSION NEWS

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Vol. I, Number 11

November 2013

# Season of Wonders

*A day of holiday shopping, decorating and cooking ideas.*



Thursday November 21, 2013

9:30am 'till 2:00pm

Lane Agri-Park Auditorium

Get ready for the holidays by enjoying a relaxing day hosted by  
Rutherford County FCE clubs.

Shop holiday gift vendors ~ Make-n-Take Craft workshops

**FREE!** Presentation on exciting table scapes & decorations you can create by  
Deborah Belcher, MTSU Human Sciences and Interior Design Professional

Homemade lunch will be sold by FCE clubs.

For more information, call Pat Whitaker 615-898-7710

[pwhitak1@utk.edu](mailto:pwhitak1@utk.edu)

**Extension offices will be closed**  
**Nov. 28-29 for Thanksgiving**  
*We are thankful for the*  
*Rutherford County residents*  
*and businesses who support*  
*our programs!*



Don't be left out of what is going on at  
Extension.... Follow us and keep up with your  
favorite programs, classes and events!

**facebook**

UT-TSU EXTENSION—RUTHERFORD COUNTY



RUTHERFORD CO EXTENSION

All events will be held at Rutherford County Extension/Lane Agri-Park  
315 John R. Rice Blvd. Murfreesboro TN 37129 unless otherwise noted.  
PH: 615-898-7710

Visit our website for more information <http://rutherford.tennessee.edu>  
**TO REGISTER FOR EVENTS AND CLASSES CALL 615-898-7710**

## RUTHERFORD COUNTY EXTENSION NEWS

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### ATTENTION! 4 H'ers

#### Are You Ready to Give a Speech?

A 4-H Speech Workshop will be held on **Thursday, December 12, 2013** starting at 6:00 pm in the Community Center Classroom at the Lane Agri Park.

Tips and suggestions will be given on ways to improve your speech before the County Public Speaking contest on December 19, 2013.

Attendance is free but you must call 615-898-7710 and pre-register to attend. Bring the 4-H speech you gave in the classroom with you to the workshop.

For more information contact Barbara Davenport—  
[bdavenp4@utk.edu](mailto:bdavenp4@utk.edu)



### **Rutherford County**

#### **Bee Keepers**

**First Monday  
of every Month  
7:00 PM**



**Lane Agri-Park Auditorium**

**Come see whats buzzin'**

**Next Meeting: Nov 4**



### **Fiber in the 'Boro**

**November 2 9am-5pm**

**Weaving, felting, knitting,  
crochet and more!**

All things fiber will be taught and available  
for purchase.

Knitting, weaving, felting, crochet and more.  
Class information & supplies will be available.  
Free Admission!

### **Brown Bag (Lunch & Learn)**

11:30 am in Auditorium

**Free! No registration**

**Nov 14**

#### **Selecting Native Trees & Shrubs**

Why fight Mother Nature? Learn which trees and shrubs grow naturally in our area. They will be more disease and insect resistant than some of the more exotic variety's. This is the last Brown Bag of the year!



## **Project Linus**

**Saturday November 16 9am—3pm**

**Lane Agri-Park Auditorium**

Project Linus is a group of volunteers who make handmade blankets for critically ill children. Come and be a part of this day and help cut, sew and fold blankets.

If you have a machine, please bring it with an extension cord. You don't have to know how to sew to help!

For more info about the project: [Projectlinus.org](http://Projectlinus.org)

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Rutherford County Farmers Market



### *Market days have moved to Sundays 1-4PM Starting November 3 thru December 15th*

The summer growing season may be over, but there are lots of cool-season crops and home-made food items that our vendors are still bringing in for the next seven weeks. Expect some items not found at our regular market!

Sunday Markets are special—a fun way to spend an afternoon with your family and friends. You'll find fresh locally grown produce, great food, live music and fun!

Rutherford County Master Gardeners will still be on hand to sell "Just Love" coffee, tea, soda and hot chocolate. Part of the proceeds from beverage sales goes to help fund our annual 4-H Camp Scholarships.

**Looking for a place to have lunch on Sundays? Miller's Grocery will have their food truck here serving the same great food you get at the restaurant!**

## FCE CLUB NEWS

### **RUTHERFORD FCE WINS AT CENTRAL REGION!**

Several of our crafty ladies placed in the Central Region Cultural Arts Competition this year. The 1st & 2nd place winners will go on to compete in the State level this month.

Beadwork	Annette Balch	3rd place
Ceramics	Annette Balch	2nd Place
Cross Stitch	Virginia Cook	2nd Place
Dolls	Carmela Anjos	2nd Place
Handstiching	Annette Balch	1st Place
B&W Photo	Vivki Owens	3rd Place
Quilts, Emb.	Mary Sue Young	1st Place
Pillows	Mary Sue Young	2nd Place
Other Quilt	Mary Sue Young	2nd Place
Stained Glass	Sarah Zapatocky	3rd Place

Congratulations to you all for representing Rutherford County so well at the competition!

### **2014 Officers**



From Left: Agent / Sponsor: Pat Whitaker;  
 President: Juanita Bills  
 VP of Programs: Carol Wrather  
 VP of Policy: Diane Bennett  
 Secretary: Mary Sue Young  
 Treasurer: Pam Sites  
 Education Leaders: Sarah Zapotocky & Miki Smith  
 (not pictured)



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*Want to become a Master Gardener? Sign up now  
for 2014 Certification classes!*

**Rutherford County Master Gardeners  
meetings are the 3rd Monday of each  
month at Lane Agri-Park 6:30PM**

### 2014 GARDEN BASICS CLASS

Registration is now open for this popular class.

This 5 week course is designed to help beginning and newer gardeners—or those new to gardening in Middle Tennessee. The course is also popular with experienced gardeners looking to pick up some new tips and expand their knowledge.

Class meets Tuesday evenings 6-9PM on Jan 28, Feb 4, 11, 18 and 25th.

Cost is \$45 per person and is limited to the first 45 paid registrants.

Applications and schedule is available on line at [www.mastergardeners-rc.org](http://www.mastergardeners-rc.org) or the Rutherford County Extension web site.

***Get ready for SPRING with one of  
our gardening classes!***

### MASTER GARDENERS OF RUTHERFORD COUNTY Classes start Jan 14th

*Want to combine your love of gardening with the chance to make a difference in your community? Master Gardeners help Extension by teaching horticulture and volunteering on projects throughout the county. They sponsor gardening classes, workshops, plant swaps, as well as speaking to various community groups. Master Gardeners work with 4-H youth, the Farmers Market and maintain the demonstration gardens around Lane Agri-Park. Volunteers get to continually improve their gardening skills while having fun and meeting lots of great residents. The 2014 Master Gardener certification class starts January 14th and will be on Tuesday mornings from 9am until noon. Class run 15 weeks.*

Classes will be held at the Community Center. Cost is \$135.00 per person. (If a couple take the class together and share materials, the cost for the second person is \$60.00.)

40 hours of volunteering within 12 months of completing the class is also needed to complete certification.

Applications and more information is available on our website or call 898-7710 for more information about the program.

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Help support the Rutherford County Honor Club Christmas Project



### Help Honor Club~Help Others by Amy Willis

Believe it or not, the Holidays are right around the corner. What better way to spread some Christmas spirit than to help others. The Rutherford County 4-H Honor Club will be participating in the Operation Christmas Child project this year. Operation Christmas Child and Tennessee 4-H have partnered to "pledge our hands to larger service"

and help others this Christmas. **We need your help!**

**What is Operation Christmas Child?** Operation Christmas Child is a project of Samaritan's Purse ( a non-denominational humanitarian organization). This project provides Christmas gifts to children all over the world. Since 1993, over one million children in 130 countries have received a shoebox from Operation Christmas Child.

**For most children, this is their first (and only) present.**

**How can you help?** The Honor Club members have set a goal to fill 50 shoeboxes. We need your help of donations to fill the shoeboxes. Below is a suggested list of items for the shoeboxes. (My favorite place to shop for items is at Dollar Tree.) We will also accept filled boxes. You may drop your items at the Rutherford County Extension Office Monday-Friday 7:30 a.m. - 4:30 p.m. We will be taking donations until November 25.

**No time to shop?** No problem. You can also give monetary donations. Each box costs approximately \$7 to ship. You may make a donation at the Rutherford County Extension Office or online at [www.samaritanspurse.org](http://www.samaritanspurse.org).

### **Suggested items for Shoeboxes**

School Supplies - pens, pencils and sharpeners, crayons or markers, stamps and ink pad sets, writing pads or paper, solar calculators, coloring and picture books, etc.

Toys - small cars, balls, dolls, stuffed animals, musical instruments, yo-yos, jump ropes, small Etch-A-Sketch®, toys that light up or make noise (with extra batteries), Slinky ®etc.

Hygiene Items - Toothbrush, toothpaste, mild bar soap (in a plastic bag), comb, washcloth, etc.

Other - t-shirt, socks, sunglasses, hair clips, toy jewelry, watches, flashlights (with extra batteries)

A Personal Note - you may include a note to the child and a photo of yourself or your family. (If you include your name and address, the child may write back.)

**Do not include** - used or damaged items; war-related items such as toy guns, knives or military figures; chocolate or food; out of date candy; liquids or lotions; medications or vitamins; breakable items such as snow globes or glass containers; aerosol cans.

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Been seeing lots of Lady Bugs lately?

*Because of last weekends hard freezes, followed by warm sunny days, many residents are seeing large numbers of Asian Lady Bugs around and inside their homes. We are reprising that portion of last months article in case you missed it.....*

Anyone who has had large numbers of *Asian multi colored lady beetles* take up winter residence in their homes knows how pesky they can be. You can do things now before their fall migration begins to help reduce the number that spend the holidays with you. Make sure that doors and windows seal well to deny the little critters easy access to your home. Caulking and weather stripping around potential entry points can make them less accessible. Insecticide sprays around doors, windows, vents, shutters, soffits and roof lines can also help keep a large number of the pests from entering your home. Lady beetles are drawn to areas of vertical contrast and dark/light color contrast, so that's the reason for treating around shutters and roof lines as well as potential entry points. To be effective, the insecticide should be applied before the beetles start to move in. They generally start their migration on the first or second day when temperatures are greater than 65° F after a dramatic drop in temperature to near freezing. Insecticides containing bifenthrin, permethrin and cyfluthrin have been effective at providing up to three weeks of control. An additional application after three weeks may be needed if the beetles haven't migrated yet or if rain has been common.

~ by Mitchell Mote, Extension Agent

If they do get inside your home, vacuuming with a wet/dry vacuum containing soapy water will remove and kill them. Be cautious if using insecticides inside the home, chemical treatments will kill the insects, but large numbers of dead beetles have a very nasty odor ( it's been compared to rotten potatoes) and will attract even more of the insects to your home.

Both the adult and larvae of Ladybugs eat aphids and scale insects so are normally considered harmless, beneficial insects.

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